NON-PERISHABLE FOOD ITEMS

**BAKING**

Baking powder

Bicarb soda

Breadcrumbs

Chocolate dark cooking

Chocolate Bits - Dark

Chocolate Bits - Milk

Cocoa powder

Condensed milk sweetened

Cream of tartar

Dates

Flour corn (corned not wheat)

Flour plain

Flour self-raising

Golden syrup

Gelatine

Maple syrup

Sultanas

Sugar white

Sugar brown

Sugar raw

Sugar caster

Sugar icing mixture (GF)

Vanilla essence

Yeast sachets

**CANNED FRUIT**

may include:

Fruit pie apple

Fruit apricot halves

Fruit peaches sliced

Fruit pears sliced in juice

Fruit pineapple pieces

**CEREA**L

Cornflakes

Muesli

Oats quick

Weetbix

**CONDIMENTS**

Fruit chutney

Juice lemon (concentrated)

Juice lime (concentrated)

Mayonnaise

Mustard dijonnaise

Mustard mild English

Mustard whole grain

Pickles sweet mustard

Stock cubes beef (Massel)

Stock cubes vegetable (Massel)

Stock cubes chicken (Massel)

Stock powder beef (Massel)

Stock powder chicken (Massel)

Stock powder vegetable (Massel)

Stock powder chicken (Vegeta)

Vinegar apple cider

Vinegar balsamic

Vinegar brown

Vinegar white

**DESSERTS**

Jelly lime

Jelly raspberry

Pancake shake

Custard powder

Topping chocolate

**DRINKS**

Coffee Instant

Coffee Ground (M/D) Plunger coffee/coffee machine

Tea bags may include:

black/English Breakfast/Earl Grey/Green

Tea loose leaf

Cordial lemon/orange

Juice apple/orange/Multi V

Milo

**OILS**

Oil coconut

Oil olive extra virgin

Oil olive, spray can

Oil canola, spray can

**PASTA/RICE**

Cous Cous

Pasta lasagne

Pasta lasagne GF

Pasta spaghetti thin

Pasta spirals

Rice med/long grain white

Rice brown

**PANTRY ITEMS**

Asparagus

Baked Beans

Bean mix mexican

Beetroot sliced

Champignons

Chick peas (canned)

Coconut cream

Coconut milk

Corn kernels

Corn creamed

Curry paste green

Curry paste thai red

Lentils (tinned)

Mushrooms sliced in butter sauce

Nuts pine

Olives stuffed

Spaghetti (tinned)

Tomato diced/crushed

Tomato passata

Tomato paste sachets

Tomato paste tubs pizza sauce (substitute for tomato paste)

**SAUCES**

Gravy mix traditional

Gravy instant traditional

Mint jelly (GF)

Mint sauce

Sauce apple

Sauce bbq

Sauce soy GF

Sauce tomato

Worcestershire or Lancashire Relish

Chicken Honey Soy Simmer sauce

Korma sauce sharwoods (butter chicken)

Pasta sauce tomato & basil

**SNACKS**

Biscuits family assorted

Rice crackers plain (GF)

Jatz/Eton Biscuits

Oysters smoked

Cucumbers bread and butter

**SPREADS**

Honey

Jam apricot

Jam breakfast marmalade

Jam strawberry

Peanut butter crunchy (100% nut)

Peanut butter smooth(100% nut)

Vegemite

**SOUP**

Soup creamy chicken (cans)

Soup cream of mushroom (cans)

Soup French onion (pkt)

Soup vegetable and beef (cans)

**SPICES**

Bay leaves

Cajun seasoning

Chilli ground

Chilli flakes

Chinese five spice

Cinnamon

Cinnamon sticks

Cloves

Coriander leaves dried

Coriander ground

Cummin ground

Curry powder

Garam masala

Garlic powder

Ginger ground

Mixed herbs

Nutmeg ground

Oregano

Paprika smoked

Rosemary

Thyme leaves

Tumeric

Pepper ground

Peppercorns stonemill in grinder

Salt Iodised Table

Salt Pink Himalayan and Grinder

Salt Rock and Grinder

**TINNED FISH**

Salmon pink

Sardines in olive oil

Tuna in spring water